

Voice of the Residents

PET WASTE
TRANSMITS DISEASE
LEASH AND CLEAN
UP AFTER
YOUR PET

PLEASE KEEP
THIS AREA
CLEAN

DOGG-IPOT
In

PUT DOG POOP
HERE FOR DNA
TESTING

Misinforming people for more than 40 years

Vol. 42, No. 8

Broadmead, Cockeysville, MD

April 2021

New technology to assist with scofflaws

By Sue Baker



Photo by Nantucket Land Bank

One of the pleasures of living at Broadmead is encountering dogs and their owners when one takes a walk. Kay Nyne at the Reception Desk reports that currently there are 53 dogs in residence. Many of their owners say they chose Broadmead primarily because it is such a great place for dogs. Making new friends is easier due to the introductions that often occur because of questions about the name, breed, and idiosyncrasies of the dog.

All the dogs seem to be well-mannered, but occasionally an owner fails to comply with the pick-up-the-poop regulation. In hopes of preventing future groans of "Oh, look what I stepped in!" a new requirement for all dog owners is that they provide Broadmead with a

sample of hair from each dog. Hair samples will be analyzed and the DNA filed for comparison purposes with the DNA of any poop found on a sidewalk, adjacent grassy area, or the dog park. (For years, Denmark has used DNA to identify dog poop on the street in order to fine owners.) Photos of offending dogs will be posted in the dog park.

The real offenders, of course, are their owners, whose dogs can be identified from the photos by the many residents familiar with the dogs. In addition, identities of offending walkers will be confirmed by reviewing the digital records of the many video cameras positioned around the campus. No one would want to castigate an owner whose dog had been walked by another person.

New menu announced

By Kathleen Truelove

In a move to improve the health of residents, Director of Dining and Hospitality Dan Hall has revamped the menu at Broadmead to consist



A tasty preparation of snakehead. Photo by Bass Resource

(continued on page 2)

New Menu *(continued from page 1)*

of “fins and feathers”: no red meat, no bacon, no pork, no lamb, no beef. Henceforth, hot dogs will be chicken only, and burgers will be veggie or turkey.



Squab awaiting preparation.

To avoid monotony in the menu, different fish and fowl will be sought out; for example, the invasive snakehead fish can serve not only as food, but could be eradicated in the process. Pheasant will be served, possibly under glass. Squab, or infant pigeon, will also be introduced. Skate is a tasty seafood option as is lamprey.

Dan will be considering fish and poultry from around the world, but vegetarian choices will also increase. “No grain will be ignored,” he said, “from amaranth to fonio and teff,” all prepared imaginatively to serve as sides or as main dishes.



Still under consideration is what to do about dairy products. It may be that eliminating ice cream is a bridge too far.



Lamprey à la Bordelaise

A place to entertain

By Willy Sydnor

Now that residents are fully vaccinated, the question is: Where to get together on campus (socially distanced and masked of course) with friends and family? The ongoing and never-ending construction



Photo by Vestamodular.com

has left no opportunity for gathering in the Broadmead Center, so other options are needed.

The two trailers that served as home for the Maintenance Department while its facilities were being upgraded are no longer needed, so they are being repurposed as an entertainment venue.



Photo by Triumphmodular.com

The trailers will be placed in the grassy area between Clusters J, H, and G. This new site is expected to accommodate over 50 people and will also have outdoor space with fire pits and a dance floor. Parking will be available near Cluster E for guests coming from off campus.

As a bonus, the space will be available for rental to residents for a reasonable fee, and catering can be provided.

Start working on your guest list and put in your reservations. The facility will be completed by early May.

This article and the ones on page 1 are April foolery. The remainder of the issue is the thoughtful and serious content the Voice strives to produce each month.

Banner photo on p. 1 by Erroll Hay

Open Forum

Presentation on COVID-19

John Chessare, President & CEO
Greater Baltimore Medical Center
Friday, April 9, 3:30 p.m.

Zoom link will be provided in advance

Broadmead Library is being reorganized

By the Library Work Group, photos by George Pattee

The Broadmead Library is moving to the lower level of the Center. The Library Work Group is generally pleased with the new space and anticipates comfortable seating options for residents to read magazines on site and to browse the collection. The Work Group has been meeting over the past few months to plan the arrangement of the new library.



The library space is located across from the bottom of the stairs, where the beauty salon used to be, with some space also underneath the stairs. Because the new space is smaller than the previous areas occupied by the library, the collection of books had to be considerably reduced. This process was completed before the Center closed to residents.

The library has been asked to keep some books on the shelves of the new auditorium for acoustical reasons, and separating the collection was the most difficult planning challenge. The ultimate decision was to keep books—older large print fiction (already on the shelves) and older mysteries—in the expanded auditorium; the rest of the library's collection will be moved downstairs.

The Broadmead Library is unusual among retirement communities in that the collection is cataloged. The "staff" inherited the Library of Congress classification, which is mostly used in university libraries. This system proved difficult, both for users and for the volunteers who shelve books, and the library is therefore transitioning to the Dewey Decimal System, which should be familiar from public libraries. Reclassification of the books (mostly the nonfiction collection) is about 75 percent complete. The catalog is available online, and residents can check it to see if the library owns a particular book. The

link to the catalog can be found on Caremerge and will also be sent out on the Broadmead email list.

A significant change is that the books shelved in the auditorium will no longer have to be checked out. It is hoped that they will be returned to that area, but the staff will no longer monitor it. The main collection will be shelved in the new library space, including the formerly separate paperback library. Residents can continue to take paperback books without checking them out and are encouraged to donate other paperbacks.

The library receives BRA funds to support its operations, including an annual fee for the maintenance of the catalog. The book collection depends almost entirely on donations from residents. Given the limitations of space, the library cannot keep all the books that are generously donated. Those that are not kept for the collection are sold either in the Old and New Shop or at the Barn Sale. Please make sure that any books you plan to donate are in good condition. Donations cannot be accepted, however, until the lower level of the Center reopens to residents.

Large print books are the only type of publication that the library purchases. These books are rarely donated, and there is considerable demand for them. The library orders 15—20 new large print titles a year, both fiction and nonfiction. Suggestions for new titles



are always welcome. New library acquisitions are announced online on the Broadmead residents

email group, every few months.

Magazines are also donated to the library, and these have proved very popular. They do not circulate.

Any of the members of the Library Work Group—Priscilla Barrett (chair), Victoria Bragg, Dotty Schwartz, and Del Sweeney—will be happy to answer your questions.

Trees at Broadmead then and now

By Judy Sweeney and Kathleen Truelove

Late Broadmead resident and avid naturalist Mary Frances Wagley once said that the trees of Broadmead offer a “vibrant and welcoming greeting” to the campus. Mary Frances studied and catalogued the trees on campus.

According to Joyce Malone, Broadmead’s Vice President of Facility Services, “Mrs. Wagley was very involved with the selection for new trees as part of the Master Plan.... She also had categorized each and every tree so that we knew which ones had special significance and/or needed to be maintained for various reasons.



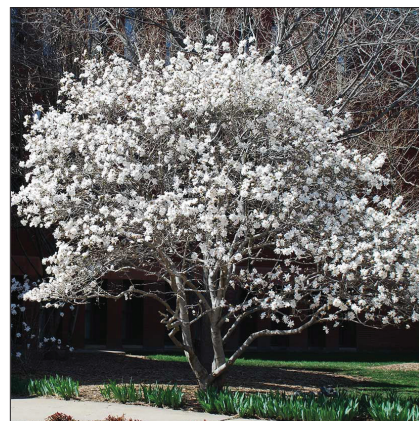
Looking northeast; note barn at lower center. Photo by Mary Craig

was going up that day and taking photos of local points of interest.

Looking at these 1982 photos, the bare condition of the central campus is striking. Also visible are some mature trees in the area where the Hillside Homes are now, and others close to the campus entrance, which are also gone.

Judy and David want to share with residents some of Mary Frances’ knowledge about Broadmead’s trees. As an early spring exemplar, they chose the star magnolia, or *Magnolia stellata*. There are several on the campus, with an especially lovely one in Cluster N. This tree should be in bloom in early April. Mary Frances said that this Japanese native began to be imported to the United States around the time of the Civil War.

It will be interesting to see what the many new plantings around the Hillside Homes and the new entrance turn out to be once they are leafed out and to imagine what they will look like 40 years from now.



Magnolia stellata, photo from Arbor Day Foundation



Clusters indicated by letters. Photo by Mary Craig

She was instrumental in our plans and we were lucky to have had her as a colleague for this part of the project.”

In 2013, Mary Frances gave an illustrated talk to residents about the trees of Broadmead. After her death last fall, her family offered the material she had collected on the trees to Judy Sweeney and David Gilbert, and they, in turn, plan to donate the files to the BRA archives. Included are some aerial photos of Broadmead that were taken by Mary Craig, who was a Broadmead resident and an avid flier. Her daughter, current resident Margaret Craig, says that her mother, who took flying lessons herself, loved going to the Edgewood Arsenal Flying Club on weekends, hitching a ride with whoever

Dog adopts resident

By Kathleen Truelove

Demi Murphy doesn't like to talk about her early life in Columbia, SC, where she was found walking the streets. She was sent to a kill shelter, but an employee there recognized what a fine pet she would be and contacted TRU Rescue in Phoenix, MD, which took her in. There were some health challenges for Demi, including removal of some mammary tumors and dental work.



Photo by Carolyn Murphy



Painting of Demi by Carolyn Murphy

As she recuperated in her foster home, Demi began scrolling through the internet for a home worthy of her. Carolyn Murphy was the lucky person she chose, because, she says, she liked Carolyn's woodsy home and opportunity for many walks, not to mention the panoply of toys on offer. Demi prefers small furry toys with squeakers, so she can pretend to be a great hunter. She enjoys sleeping late, playing games such as "hide the toy," and kicking back at happy hour with a treat or two.

Buildings & Grounds Committee

17-Year Cicadas! Want to know more?

Paula Shrewsbury, PhD
Professor of Entomology
University of Maryland

Thursday, April 29, 3:30—5:00 p.m.
Zoom link will be provided in advance



Photo by The Washington Post

Residents active as volunteers

By Gwen Marable

Broadmead has a history of voluntarism. At one time, residents worked in the Outpatient Department and read menus and poured water for patients on Hallowell. Sara Moore, Volunteer Coordinator, reports that in 2020 a total of 2,263 hours were donated by 166 volunteers, of whom 30 were residents. Other volunteers came from all over the county and various local communities. These activities represent only a fraction of the volunteer activities that residents are engaged in outside of Broadmead.

Broadmead's volunteer program went virtual in mid-March because of the pandemic. The program is part of the Center of Excellence in Health and Wellness.

Activities have included making cards and decorations for holidays, talking on the phone, Zoom visits, leading classes and musical and other video performances. One resident taught weekly knitting and crocheting classes. Another taught a weekly art class for Darlington residents. Sara also initiated a Pen Pal program, which includes writing on Zoom and by snail mail.

Students from Govans Elementary School have been mentored by volunteers since before the pandemic. Recently, volunteers have been helping to assemble the material for "This Week at Broadmead," better known as "the Yellow Sheet."

According to the Mayo Clinic website, volunteering decreases the risk of depression, gives a sense of purpose and teaches skills, helps people stay physically and mentally stimulated, reduces stress levels, may increase longevity, and helps people to meet others and to develop new relationships.



Update on Bea Post

By Dosia Laeyendecker, photo from Bea Post

On December 29, former resident Bea Post celebrated her 99th birthday with her family, including grandchildren and great-grandchildren. As part of the celebration, she received 240 cards from well-wishers, including many cards from her friends at Broadmead. Bea feels overwhelmed by all the attention and wants to thank everybody for the congratulations and greetings she received from Broadmead for Christmas and her birthday.

Furniture

The Barn Sale has a good supply of scooters and rollators.

Call Duffy 410-960-7562, or email
duffy99@flash.net

In Memoriam

David Hauser

July 9 1940 — March 2, 2021

Sydney Hauser

January 23, 1941 — March 3, 2021

Katharine "Kitty" Stierhoff

November 12, 1929 — March 3, 2021

J. Michael Boardman

February 13, 1938 — March 18, 2021

Michele Melville

January 28, 1949 — March 18, 2021

Broadmead Welcomes

Gene Swackhamer, U-204, 443-578-8512
ggswack@cs.com, March 2021

Gene Swackhamer's formative years were spent in Frankfort, IN, on a corn and hog farm. He was an undergraduate at Purdue University, where he joined the Navy ROTC. One summer, he interned in Washington, DC, working for Indiana Senator Vance Hartke and mingling with senators such as Barry Goldwater and Lyndon Johnson—"heady stuff for a Purdue student," John says. This was also the time that he met Sharon Beulter, whom he married 60 years ago.



An odyssey is how Gene describes his adult life. The Navy took him first to California and then to Japan. After leaving the Navy, he and Sharon headed for Cornell University, where he earned a master's degree in agricultural economics. Returning to Purdue, Gene received a Ph.D.

in econometrics. After that, the couple lived in Kansas City, MO, where Gene worked for the Federal Reserve.

The odyssey continued when they moved to Washington, DC, where he served as Director of Economic Research and Finance for the Farm Credit Administration. In 1977 Gene became President of Farm Credit Banks of Baltimore. During these years, he and Sharon raised a son and two daughters.

Community service has been a large part of Gene's life. He served as chairman, president, and then finance officer of the Board of Directors of the Mid-America Regional Council. He also served as treasurer of the National Foundation of the 4-H Council, earning the Salute to Excellence Award. He was president of Alpha Gamma Rho, a men's fraternity, from 1998 to 2002.

Gene has actively pursued the genealogy of the Swackhamer and Duford family lines. Sharon and Gene are members of Faith Lutheran Church, Cockeysville.

*By Kathryn Amey Shelton,
photo from Gene Swackhamer*

Sharon Swackhamer, U-204, 443-578-8512
ggswack@cs.com, March 2021

Sharon Beulter Swackhamer has midwestern roots. She was born in downtown Chicago, where she lived until her father was drafted, after which her family moved to be near her grandparents in Hinsdale, IL. After World War II, her father's work with Western Electric took them to Duluth and then to Indianapolis, where Sharon went to high school. She earned a B.S. in pharmacy at Purdue University and met Gene Swackhamer in the spring of her sophomore year.

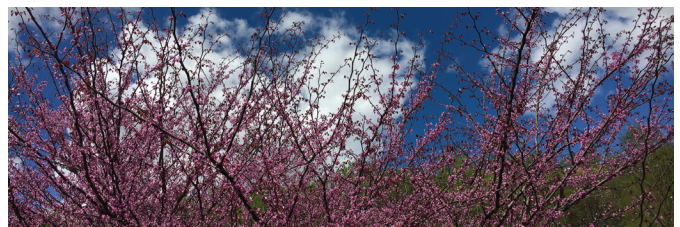


Gene tells the story about meeting Sharon's parents when he was "not at my best." Not only were they all dressed up, but he was grubby from helping his roommate with Cheviot sheep in the barn and unshaven, because it was traditional for men not to shave until Purdue won its first game. Nonetheless, the couple continued dating and survived Gene's Navy tour in California. In June, they will celebrate 60 years of marriage.

Sharon worked in pharmacies wherever Gene's graduate education took them, until just before their first son was born. As her family became her primary focus, Sharon participated in volunteer activities, including serving as a board member of the American Cancer Society. She helped to start the Hereford branch of the Baltimore County Library, working with Broadmead resident Wendy McIver. For 20 years she has participated in a homemaker's group in the Mt. Carmel area, north of Broadmead. She was also active in running the family's farm on Yeoho Road, raising Hereford and Angus beef cattle.

Sharon has been enjoying walks around campus and is looking forward to meeting other residents.

*By Kathryn Amey Shelton,
photo from Sharon Swackhamer*



Broadmead Welcomes, *Continued*

John “Jay” Ludwig, P-11, 410-812-2301
jludwig1@comcast.net, February 2021

Jay Ludwig grew up in Towson and attended Cardinal Gibbons High School across town. He spent the 45-minute bus ride each way reading science fiction. An early interest in art and the Maryland Institute College of Art gave way to social science and Catonsville Community College. He worked at the Acme grocery store part time, which enabled him to go to Towson State University, where he earned a B.S. in physics.

Jay was interested in the application of physics to instrumentation, which led him to microprocessors. He obtained a master's degree in software engineering from Loyola College and then worked at American Totalisator, on terminals for wagering systems and infield boards at racetracks.

There was much travel, including to New Zealand and South Africa, where his favorite track is located, in Germiston, near Johannesburg. His last job before retirement was with UPS, where he worked on software for the handheld devices used by delivery people. He also worked on software for package delivery systems and label printers.



For many years, Jay and his wife, Alexandra Doumani, enjoyed their vacation home in Morgan County, WV, near Berkeley Springs. Although they sold it in 2013, they still visit the house to see the people who sold it to them and the people to whom they sold it.

P-11 is Jay's music studio, where he has amplifiers, synthesizers, and an assortment of keyboards. He has played keyboard in various bands since his teens and has continued to do so in retirement. He also enjoys cooking and photography.

Text and photo by Kathleen Truelove



Alexandra Doumani, Q-3, 410-812-2302
ajdoumani@comcast.net, February 2021

Alexandra Doumani has had three or possibly four careers. First, she was a travel agent, but in the early 1990s online travel planning made this job, if not obsolete, at least less attractive. Next, she worked as a contract administrator for a Department of Transportation contractor. That ended when she left work to care for both of her in-laws and her own mother, all of whom were in declining health. Finally, she returned to work in donor services and data administration for the Alzheimer's Association, retiring in 2017.

Born in Berkeley, CA, Alexandra was raised in Kensington, MD, a DC suburb. She attended Towson State University, majoring in English because there were no labs and she could get the textbooks from the library. She met her husband, Jay Ludwig, through mutual friends at a party in college. They have been together for 43 years and married for 33.



The couple chose two garden homes here at Broadmead because Jay wanted to have a music studio where he could play his synthesizer late into the evening while Alexandra, an early bird, could go to bed.

Reading is Alexandra's favorite pastime. She is also a self-described crossword puzzle fanatic, and, whenever she can, attends the annual crossword tournament in Stamford, CT. Movies are another interest; her favorites are "Casablanca" and "The Wizard of Oz."

Text and photo by Kathleen Truelove

Health Care Lecture

Medication Safety for Older Adults

Nicole Brandt, PharmD, MBA
Professor of Pharmacy Practice & Science
University of Maryland School of Pharmacy

Monday, April 12, 3:30 p.m.
Zoom link will be provided in advance

Jack Matz, Y-206, 443-578-8540
jackmatz@comcast.net, February 2021

Jack Matz considers his life a series of opportunities, unexpected for a young man born in East Baltimore as the eighth in a family of 10 children. Growing up near Patterson Park, Jack graduated from City College in 1944 and enlisted in the Army that July. After training, he was sent overseas and fought in the Central Europe and Rhineland campaigns. He was awarded the Bronze Star.

After the war ended in Europe, he was assigned to the U.S. Army occupation forces and served for 11 months until his discharge in June 1946. Upon discharge, he enlisted in the U.S. Army Reserve. He was called back to active duty in 1951, during the Korean conflict, but served stateside.

Jack graduated from the University of Baltimore in 1948 and received an LLB degree in 1951. He practiced law for 60 years, specializing in civil trial practice and tort law. He also held leadership positions on various commissions. He was chairman of the Baltimore City Economic Development Commission and president of the Maryland Association for Justice (formerly the Maryland Trial Lawyers Association). He served on the Maryland Attorney Grievance Commission of the Maryland Review Board for a three-year term.



Jack and his wife, Lola, have shared a lifetime of travel, enjoying and experiencing art, music, and theatre. Their worldwide travels took them to scores of countries. Jack's favorites included Turkey and China and, somewhat unexpectedly, Libya, which they visited just months before the fall of the Gaddafi regime.

By Elsa Collins, photo by Jackie Mintz

Parkinson's Reflection Group

2nd and 4th Tuesday of each month, 7:15 pm
on Zoom for now, link on Caremerge

For more information, contact
Richard Truelove, 410-206-7892
trueloverichard@gmail.com

Lola Matz, Y-206, 443-578-8540
lcmatz@comcast.net, February 2021

Lola Matz was drawn to a medical career as a young woman growing up in the Bronx, NY. She enrolled at the Bronx High School of Science in one of the first years women were admitted. Next, she was among a few women enrolled as a science major at City College of New York. While a student there, she volunteered to host a visit by Dr. Jonas Salk. Inspired by his visit, she applied to the Albert Einstein College of Medicine. As a female applicant, she was obligated to answer questions that today would be illegal: Why was she trying to take the place of a male applicant? What were her plans to marry and to have children? Despite these attitudes, she was admitted and completed her medical studies.



After her marriage to Jack Mattingly, she practiced medicine at Baltimore City Hospital, now Johns Hopkins Bayview Medical Center, and with the Maryland Department of Health and Mental Hygiene. During the years her sons were young, she chose jobs with specific hours, many of them in administration. Her son Charles, a lawyer, lives in Timonium, and Michael, who is the editor of a research journal, lives in North Carolina.

Since Lola and Jack retired, they have visited over 60 countries. They have been thrilled by plays in New York and London, and delighted by concerts in world-class settings. Lola's favorite country was France, which she has visited more than 20 times, and she also loves Turkey. When in Baltimore, Lola and Jack have been enthusiastic about Osher Lifelong Learning classes. Lola says she looks forward to taking advantage of Broadmead's cultural offerings.

By Elsa Collins, photo by Jackie Mintz

Broadmead Resident Email List

To join the Broadmead resident email list:
Send an email to: brabroadmead@gmail.com

(Do this also if you change your email address)

Broadmead Welcomes, *Continued*

John Mattingly, Y-101, 443-578-8527
johnbosco360@gmail.com, January 2021

John Mattingly served as Commissioner of the Administration for Children's Services for New York City from 2004 to 2011, under Michael Bloomberg. It was the type of position for which he had prepared throughout his career, but it wasn't where he planned to go when he first started out.

Born and raised in St. Mary's County, MD, John graduated from St. Mary's Seminary in Baltimore, with a major in philosophy. Expecting to go into the priesthood, he went instead into social services.

While volunteering at Joseph House, he met his future wife, Linda. Since Linda was 19 and John was 23 when they married, their families thought they were too young, but they proved it was a good match because they just celebrated their 52nd anniversary. They have two children.

John and Linda moved from Baltimore to Pittsburgh, where he worked in juvenile justice, getting children out of the Camp Hill Prison. After that, the family came back to Baltimore, where John worked for 12 years at the Annie E. Casey Foundation.



Then he took the commissioner's job in New York. His career was capped the way it began: by undertaking an effort to move the majority of New York City's incarcerated youth back from distant state institutions to community programs. Finally, John returned to the Annie E. Casey Foundation, from which he retired in 2013.

His primary interests are baseball and philosophy, in that order. He also loves great music and reading James Joyce and Henry James.

By Willy Sydnor, photo from John Mattingly

Linda Mattingly, Y-101, 443-578-8527
lindalmattingly@gmail.com, January 2021



Little did Linda Mattingly know that within days of moving to Broadmead she would find herself in Hallowell following hip surgery, but she's now safely in her new home with her husband, John, and their Shepherd mix, Toby. Another thing Linda did not expect was that when she got married at age 19, she and her husband would move nine times during their 52 years of marriage.

Born in Baltimore and raised there and in Silver Spring, Linda attended St. Joseph's College in Emmitsburg. She met John while volunteering at Joseph House, then in Baltimore, a charitable organization that provides direct assistance to people with low incomes.

At first, Linda worked in human relations and in fair housing, enforcing discrimination complaints. But she decided to pursue further education in a field with better employment opportunities. She obtained a master's degree in nutrition and dietetics, which led to work for WIC in Baltimore and in acute care in Toledo, OH, and to management of the dietetics department at Stella Maris.

She and John have two children—Katy, who works in alternative medicine at the University of Michigan, and David, who works for the Global Fund for Human Rights. Since much of David's work is done by phone, he and his husband have bought his parents' home, which Linda says made everyone happy and their move much easier.

Since retiring 10 years ago, Linda has done volunteer work, helping to prepare food for those who are homeless. She started a book club at Towson Unitarian Universalist Church and reads in her spare time. She also enjoys movies and likes to cook.

By Willy Sydnor, photo from Linda Mattingly

New Arrivals

Nora Cherubin
R-14, April 1
410-236-5848

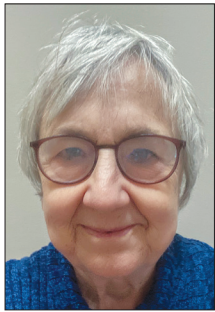
Ralph Hoffmeister
U-208, April 8
410-371-5536

Patricia Sulkowicz
R-7, April 19
410-337-3439

Elenor Reid, U-305, 860-463-0526
elenorgreid@gmail.com, February 2021

Elenor Reid has been married twice over 44 years, both times to the same man, William Howie Muir II. They pursued their separate lives after divorcing, but stayed friends. They reunited in 2008 and were together for eight years until his death, which Elenor calls “the bonus years.”

Elenor moved to Broadmead from Farmington, CT, but was born in Towson and lived there until moving to Westfield, NJ at age seven. She says that she is now coming full circle back to Towson. She has also lived in New York City; Montezuma, NM; and Istanbul. Elenor is a graduate of Swarthmore College and holds a master’s degree in education from Harvard. She has a friend at Broadmead, Muriel Berkeley, whom she met when Muriel was at Radcliffe.



Elenor’s career encompassed school and college teaching and administration. She has held positions at Miss Porter’s School and the Hotchkiss School, Trinity College (Hartford), and Robert College of Istanbul. She retired from The Brearley School in 2005.

Elenor has been involved in many volunteer activities, including professional and alumni associations and political campaigns, and as a docent at the New Britain Museum of American Art. Her hobbies include reading, cooking, canoeing, and working with textiles. She is passionate about understanding the techniques used and the cultures from which textiles come.

An enthusiastic traveler, Elenor counts New Mexico, South Africa, and India among her favorite destinations. During her last trip, the travel group was in Casablanca when the country was shut down due to COVID-19. She and only four others caught the last flight back to the United States.

By Carolyn Adams, photo from Elenor Reid



Eranthis hyemalis, or winter aconite, blooming around the campus in March. Photo by Kathleen Truelove

Arts website expands to include nature

By Kathy Cordes and Phyllis Hoyer

The Broadmead Arts and Artisans website (bmeadarts.squarespace.com), which was announced in the March issue of the Voice, now has a section “For Naturalists,” which contains residents’ submissions of photos, poetry, and other art forms related to nature.

The goal is to help people who aren’t able to freely experience nature as they once could to share in the joys of discovery. Here, everyone can learn about the Nature Committee’s activities and participate as they desire.

In addition, the website now has an interactive online Nature Blog that seeks “news briefs from nature” (bmeadarts.squarespace.com/blog).

There are already several postings, including “Speaking of Turkey Vultures,” by Bobbie Cook, and “Pileated Woodpecker Struts His Stuff ... and Snarls Traffic,” by Bruce Russell. In addition, Phyllis Hoyer will be posting regularly as a way to keep people updated about work on the Ridge Trail and other Nature Committee activities.

You can send your nature anecdotes to Kathy Cordes at bmeadarts@gmail.com, who will post them. Once a piece is posted on the blog (with your byline), anyone can enter a comment below the post to further the discussion.

Health care advocate urges local activism

By Del Sweeney, photo from Grantmakers in Health



Vincent DeMarco, President of the Citizens' Health Initiative, urged his Broadmead audience to become more active in pursuing health policy reforms in the legislature. In speaking at an Open Forum session, he said

that there is almost always a solution to public health issues and that the majority of citizens want solutions.

He presented a six-step approach to enacting strong public health measures: (1) Develop an evidence-based policy plan and consult with the community; (2) Test the idea with a high-quality poll; (3) Build a coalition; (4) Bring in the media; (5) Make the policy an election issue; and (6) Elect candidates that support the policy. This method mobilizes people in a way that overcomes the power of vested interests, he said.

DeMarco pointed to the success of advocacy for gun violence prevention measures in Maryland—the ban on assault weapons and requiring a license to make a gun purchase.

Another focus is improvements in the Affordable Care Act, including the expansion of Medicaid, which brought health care to 100,000 Marylanders who had previously been uninsured. Recent measures in Maryland include the establishment of the Health Insurance Coverage Protection Commission and the Prescription Drug Affordability Board.

Disparities and inequities in health care access and treatment based on income, racial/ethnic identity, and geographic location remain a significant problem. An earlier program to reduce these disparities—Health Enterprise Zones—was not renewed by the Hogan administration. A current bill that would establish permanent Health Equity Resources Communities is being discussed in the current legislative session.

More information is available at healthcareforall.com. The presentation was recorded and is available on Caremerge under "Videos."

Voice of the Residents

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Corner Cupboard

Groceries for same day delivery can be ordered from the Corner Cupboard Monday through Friday, 8 a.m.—1:30 p.m. (Wednesday, new hours 8—10 a.m.). Orders placed after that will be delivered the next business day.

Available items and prices are on Caremerge under Dining Services

To order, call x8075 or email robink@broadmead.org